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## Barbados Holidays

With the arrival of the first English settlers well back into the early 1600s, Barbados thrived under British governance until gaining its independence in 1966. This connection to the United Kingdom is what has given this beautiful Caribbean island its British heritage and flavour, and what makes for perfect Barbados holidays for people visiting from the UK.

While also being known for some of the best all-inclusive luxury resorts in the world, such as Almond Beach Club and Spa; Almond Beach Village; Almond Casuarina Beach; Crystal Cove Hotel; Mango Bay; Turtle Beach Resort; and The Island Inn, Barbados has plenty of cultural and natural activities that are sure to entertain anyone visiting this gorgeous coral island. There is plenty of night life with music, art, history, and some of the best restaurants to be found. The people of Barbados, called Bajans, are warm, friendly, and always welcoming to visitors.

Head to the west coast of the island and you will find fine white sand beaches, coral reefs, caves, underground lakes, and even wrecks along the shoreline that offer first-rate snorkelling and scuba diving. Head east where strong winds push the ocean against the rocky shore and you'll find just the place for some great surfing. Or learn how to wind or kite surf at Silver Sands on the southern tip of the island. Take a boat trip ranging from relaxing explorations on smaller vessels to complete party boats with pirates, water slides, and island-made rum. Enjoy a submarine trip to the vast coral reef below with porthole viewing. Then travel on foot, hiking inland to view the beautiful tropical plant life on the rolling hills and in the deep ridges and valleys.

But with all these things to do, don't forget to relax some as well, sunning yourself in the perfect paradise climate and swimming in the temperate clear blue waters, to make your Barbados holiday complete.

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