

**Summary:** Couples and families alike will find plenty to see and do in Jamaica. It's a wakeup call to the rest of the world to slow down and indulge in life. Sun, surf, and some of the best all-inclusive and luxury resorts can be found here among an abundance of natural beauty.

**Keyphrase:** Jamaica vacations

## **Let Stress and Worries Fade Away on a Perfect Jamaica Vacation**

Jamaica is more than a place, it's an attitude. Nowhere else in the world will you find plenty of reminders to slow down, relax, and indulge. "Hey Mon, no problem!" is a common saying the locals live by; one that you will probably adopt for yourself when you take an amazing Jamaica vacation.

Whether you are looking for excitement, adventure, or just a relaxing tropical getaway, Jamaica is a top destination. It is perfect for couples and families alike, with plenty of activities for either set to fulfill their vacation dreams. Beautiful, white-sand beaches, rugged mountains, waterfalls, and plenty of water activities abound. Enjoy the warm surf, have candlelit dinners, romantic horseback rides, and even swim with dolphins. Book a room for couples at Secrets Wild Orchid Montego Bay and enjoy a unique swim-out suite with private room-side pool. Parents bringing their children might try Franklyn D Resort & Spa, also in Montego Bay, where a nanny is assigned to every family!

Kingston is the capital city but is a rougher part of the island and not the most visited. While culturally colorful with numerous historical activities, many pass by this location due to the crime associated with it. The most popular areas for tourists are Montego Bay (Mo' Bay), Negril, and Ocho Rios (Ochi). Negril, however, is more for couples as this beach town is known for its topless beaches and numerous all-inclusive, adults-only resorts. Montego Bay, Jamaica's second largest city, also offers plenty of all-inclusive vacation properties, as well as lively culture, authentic Jamaican eateries, and sizzling nightlife. This city is really the main hub of activity for travelers with an array of dining and shopping. For those who want more rest and relaxation along with plenty of water sports, Ocho Rios is the place to be. As a port for cruise ships, this beachfront strip is popular with tourists.

Regardless of where you choose to stay, be sure and hang with some locals, enjoy the diverse culture, and get lost in the rhythmic reggae beats while indulging in the best life has to offer. Soak up the sun, let your stress and worries fade away, and you're sure to have an unforgettable experience on your Jamaica vacation.

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